



Bachelorette Parties

Leaders in Pole Dancing and Lap Dancing Parties



Have a party to remember!

Come to our studio or we come to you!

Pole Party

Pole Party

Come to our studio (10 poles), or we can bring our portable pole to you. We focus on the bachelorette or the birthday lady, but everyone is involved. She will learn a fun routine and at the end of the lesson, be able to dance for a full song!

Your VIP will receive a Certificate and a Voucher for a month of classes

R1600.00

Lap Party

Lap Party

A fun workout that gets everyone involved! We will teach you a sexy lap dance routine that you can perform by the end of the lesson. Tasteful and fun.

We have 30 chairs at our studios or we can use your chairs at your place
Your VIP will receive a Certificate and a Voucher for a month of classes

R1600.00

Burlesque Party

Burlesque Party

Learn some showgirl moves. We teach you how to use a feather boa, do the stocking peel and some cool moves. We add some chair moves to make your dance more diverse. A fun and tasteful party for all!

Your VIP will receive a Certificate and a Voucher for a month of classes

R1600.00



Pole Hire

Don't need an instructor? Hire our portable pole with stage for an evening. The stage is 1.5m x 1.5m diameter and is only 5cm high. The pole is 2.4m high and is easy to assemble.

R700 per day (Deposit of R2000 required in order to secure booking)

You can combine pole & lap / pole & burlesque for R2000. (90 min party)

Ts and Cs

- A deposit of R300 is required in order to confirm your booking.
- The balance of the party is payable on the day.
- The deposit is non-refundable if cancellation occurs 7 days or less from date of event.
- The price includes travel if within 50 km radius of Jhb
- The price includes pole and stage hire, or studio hire for the duration of the lesson, but excludes chairs.
- The studio can be hired out for extra time at R150 per hour
- Regret, we do not offer catering. You may bring your own finger foods and drinks, but you are required to clean up afterwards.

TO BOOK

Please complete the booking form below and email to natasha@bodymind.co.za.

Please attach proof of payment of the deposit in order to confirm your booking (banking details are on the booking form)

FEEDBACK

All our presenters are qualified pole dancing instructors. They are there to ensure you remain injury-free and that you have fun. We pride ourselves in offering first class service and not just a name with a pole. We welcome your feedback after the party to ensure maximum value.



Party Booking Form

I would like to book the following: *(tick box)*

- | | |
|---|--|
| <input type="checkbox"/> Pole dancing party | <input type="checkbox"/> Combined Pole and Lap Dancing |
| <input type="checkbox"/> Lap dancing party | <input type="checkbox"/> Combined Pole and Burlesque |
| <input type="checkbox"/> Burlesque party | <input type="checkbox"/> Performance |

Date of party:		Time:	
Name:		Tel (w):	
Tel (h):		Cell:	
Email:		No. guests expected:	
VIP's name (for certificate):		Occasion:	
Address of Party:		Where did you hear about us?	

Banking Details:

Please email proof of payment to natasha@bodymind.co.za

Natasha Williams
Capitec 470 010
Savings Acc 1408 100 965
Reference: Name and cell number

Important: Please read and sign at the bottom

- Please send us your booking form so that we can confirm availability. Most times we will be able to accommodate you, however, you may need to be flexible with times, especially if your party is on a Saturday.
- To confirm your party we require a deposit of **R300.00**. Please do not pay the entire amount into our account as the deposit is NOT refundable. Please pay the balance to our party presenter **on arrival**.
- A surcharge of R300 per 50km drive out of Johannesburg will be applied.
- *Please note:* we make every effort to accommodate you, however, we are often on a tight schedule. Please ensure our instructor starts on time, as we cannot stay later than the time booked. Guests often arrive late; food and opening of presents also take time to prepare. We suggest you work in an additional half hour to accommodate these factors.
- *We also would like to remind you that pole dancing can be quite strenuous.* To avoid injury, try not to drink too much alcohol before getting on the pole. We've had occasions where a bride has been too drunk to even attend the party.

Indemnity Notice

To the extent permitted by the law, the company, its employees, representatives, service providers and advertisers shall not be liable for any disability, loss, injury or damage caused to any person whether this is due to any negligent act, misinterpretation, breach of duty, or omission on the part of any party as mentioned above.

Date:	Signature:
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